



Psychological  
& Counselling  
SERVICES GROUP

2023/2024

## Looking for something different? Join the PCSG Team!



Psychological & Counselling Services Group (PCSG) is a multi-functional, private practice, psychology and therapy clinic offering a wide range of services including psychological assessment and counselling/psychotherapy.

The aim of the clinic is to provide one-stop, comprehensive psychological services to meet the needs of children, adolescents, adults, couples, and families. The foundation of our clinical practice is client relations. We are committed to client-centered values and place an emphasis on strength, resiliency, and collaboration. Our intent is to provide a full-range psychological and counselling service based on a systemic and lifespan orientation using a variety of evidence-based approaches.

Our practice includes 30+ clinicians that span a wide range of mental health professions including psychologists, psychotherapists, psychometrists, registered dietitians, and psychoeducational interventionists.

## NOW HIRING

### PSYCHOLOGISTS

Adult, Child & Adolescent  
Autonomous/Supervised  
Practice

### REGISTERED PSYCHOTHERAPISTS

All locations

Oshawa (Main Clinic)  
Markham/Woodbine  
Ajax, Peterborough  
and Virtual

### CONTACT

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Visit our website:  
[tinyurl.com/joinpcsg](http://tinyurl.com/joinpcsg)

(More details next page)



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## Psychologists & Psychotherapists

Psychological & Counselling Service Group (PCSG) is hiring full- and part-time psychologists and psychotherapists, autonomous or supervised/qualifying, in both adult and child/adolescent fields.

### IDEAL PSYCHOLOGIST CANDIDATES WILL HAVE

- a doctoral/ master's degree in psychology from an accredited APA or CPA program
- valid registration (or eligibility) with the College of Psychologists of Ontario
- autonomous practice candidates will have completed APPI, CPA or CCPPP accredited internship/residency with internship-level training in clinical psychology

### SUPERVISED PRACTICE CANDIDATES WILL HAVE

- completed all degree requirements before their start date
- meet the criteria for issuance of a Certificate for Supervised Practice
- pursue registration with the College of Psychologists of Ontario.
- a commitment to contribute a minimum of 3 years of service, inclusive of supervised practice time.

### IDEAL PSYCHOTHERAPIST CANDIDATES WILL HAVE:

- completed their master's degree in a recognized psychology program
- good standing or pursuing registration with relevant regulatory body (e.g., CRPO)
- completed internship/practicum level training in counselling psychology
- demonstrated competency in provision of evidence-based psychotherapy services
- a commitment to contribute a minimum of 3 years of service
- dedication to upholding regulatory, ethical, and professional standards including mandatory reporting
- excellent oral and written communication skills, interpersonal skills, and the ability to work effectively in a team environment



## Areas of Practice

**Adult Clinical and  
Counselling Psychology**

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**Child Clinical and  
Counselling Psychology**

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**Health Psychology**

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**Rehabilitation  
Psychology**

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**School Psychology**

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**Sport Psychology**

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**Vocational and Career  
Counselling**



## Psychological & Counselling SERVICES GROUP

In Summer 2025, along with the Oshawa Clinic group practice, PCSG main office will be moving to a brand new state-of-the-art medical building at 198 Des Newman Boulevard, Whitby.



### OUR CLINICAL LOCATIONS

Our main clinic is currently located in downtown Oshawa at 117 King Street East, about 35 minutes away from Toronto. We are housed in the Oshawa Clinic, which is the largest multi-specialty medical group practice in Canada with over 110 physicians. PCSG's psychology offices are housed on the lower and second levels of the historic East Wing of the Oshawa clinic.

In addition to our main clinic, PCSG also has three other locations. Our Markham Clinic is located at Woodbine Medical Centre, our Ajax clinic is at Rossland Medical Centre, and our Peterborough clinic is at Optimal Health.

### Typical presenting concerns in our client population include

- Personal growth and development issues such as self-esteem, career, and vocational interests.
- Major situational and developmental transitions such as stress management, separation and divorce, loss and bereavement, motor vehicle accidents, chronic illness, and family life transition.
- Significant relationship conflicts and intimacy issues such as family relationship discord, parent-child conflict, parenting, couple relationship breakup, intimacy issues, and sexual difficulties.
- Socially related issues and trauma such as immigration and cultural dislocation, social isolation, child abuse, sexual abuse, and domestic violence.
- Behavioural difficulties and mental health concerns such as anger management, depression, anxiety, obsessive-compulsive disorder, eating disorder, and addictions.
- Child development and behavioural issues such as cognitive and intellectual functioning, Attention Deficit Disorder, Asperger's Syndrome, disruptive and oppositional behaviours, conduct problems, etc.

## PCSG's Service Philosophy

While PCSG is a private practice, supporting our community is part of our service philosophy and tradition. The general public is often faced with financial barriers in accessing the needed psychological services, both psychological treatment and assessment. Given our commitment in training and nurturing the next generation of psychologists, in 2008, PCSG established the not-for-profit Low Fee Clinical Service/Training Clinic, where practicum students provide services under the supervision of registered psychologists.



### BEING A CLINICIAN AT PCSG

PCSG places great emphasis on collaboration, mentoring and professional development, providing a wide range of consultation services to support practitioners in their psychotherapy and counselling practice. Whether you are starting your career or a seasoned professional, our clinician development model and strength-based focus framework provides essential structure and support.

PCSG offers group consultations with visiting psychologists who are known experts in their field. They include monthly didactic seminars and consultation groups such as:

- Dialectical Behavioural Therapy (DBT) Training and Case Conference
- Emotional Focused Therapy (EFT) Training and Case Conference

We also offer weekly peer group meetings, including:

- Weekly Peer Consultation Group
- Weekly Complex Case Consultation Group

We also provide supervision for clinicians who are pursuing specific professional credentials (e.g., CRPO, Registration Requirements for Psychologists; Clinical Membership and Approved Supervisor Status with AAMFT).

### INNOVATION AT PCSG

PCSG also places great importance on involving clinicians in its broader, on-going commitment to community service and innovation. Our innovation program features several specialized clinics open to interested clinicians.



#### High Performance Mental Health SERVICES

The High Performance Mental Health Clinic provides psychological counselling and clinical support for athletes and performers (e.g., dancers, musicians, and vocalist) dealing with mental health concerns and challenges. This clinic is available in the Oshawa and Markham locations. Services are provided by our clinicians who have training and experience working with competitive, elite, and professional athletes and performers.



#### Eating Disorders Treatment SERVICES

The Eating Disorder Clinic provides individual, group, and family counselling, as well as nutritional rehabilitation for children and adolescents dealing with eating disorder. Clinicians in the program also provide support for and work collaboratively with other health providers and schools. This program runs from the Ajax clinic.

## INNOVATION AT PCSG (CONT'D)

# Child & Youth SERVICES

The Family Therapy Clinic provides family/relational assessment, as well as intervention for the family system. This rotation is available in the Oshawa and Markham location. Supervision in family therapy is provided by training staff who are certified as approved supervisor with the Ontario Association for Marriage and Family Therapy (OAMFT) and/or American Association for Marriage and Family Therapy (AAMFT).



**PUPIL Clinic**  
Program  
Using  
Psychoeducational  
Intervention for  
Learning

The Program Using Psychoeducational Intervention for Learning (PUPIL) Clinic offers individualized interventions to students with learning disabilities and those who wish to overcome obstacles in their academic pursuits. The clinic is available at our Oshawa and Woodbine clinics.

**Couples/Sexual Relationship Clinic** provides assessment and treatment for relational difficulties and sexual relationships in adults and couples from diverse sexual orientations and gender expressions. This rotation is available in the Oshawa and Markham locations. Supervision is provided by psychologists who are approved supervisors with the Board of Examiners in Sex Therapy and Counselling in Ontario (BESTCO).

**Rehab Psychology Clinic** provides rehabilitation assessment and intervention for individuals looking to return to work or previous psychological functioning following physical and/or psychological injuries (e.g. being involved in a motor vehicle accident, work place injury, and disability leave). Supervision is provided by psychologists registered in rehabilitation psychology with CPO.



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## PCSG RESIDENCY & PRACTICA

PCSG has a supportive, growing team of over 25 experienced psychologists and psychotherapists dedicated to training the next generation of clinicians.

PCSG trained its first doctoral psychology resident in 2015 as a non-APPIC member and since 2018, has been a Child track partner with the Toronto Area Residency Consortium (TARC), a doctoral clinical psychology residency program accredited by the Canadian Psychological Association (CPA) and the association of Psychology Post-Doctoral and Internship Centers (APPIC). This partnership will be on hiatus for the coming academic year 2023/2024 as we are entering the process of becoming a member of APPIC as an independent residency program.

We offer weekly DBT and peer consultation groups as well as supervision in Family Therapy, Couple Therapy and Sex Therapy, as required. In addition to peer support, new and learning clinicians at PCSG can expect close, ongoing, and individual direction from their supervisor, essential not only for professional development, but also for preventing vicarious trauma, compassion fatigue, and burnout.

### COMMUNITY LOW FEE SERVICE CLINIC

PCSG also places great importance on involving clinicians in its broader, on-going commitment to community service and innovation. Since 2008, we have run a not-for-profit Low Fee Clinical Service open to all members of the public who face financial barriers in accessing psychological services.



**OSHAWA**  
**Psychotherapy**  
**TRAINING INSTITUTE**

Regular professional development training is available to our students at a heavily discounted rate through the external training arm of PCSG, the Oshawa Psychotherapy Training Institute (OPTI). OPTI helps mental health practitioners incorporate the most recent and relevant research into their practice by offering short courses and continuing education workshops delivered by respected, experienced and accredited leaders in the field. Since 2016, OPTI workshops have been approved by the Canadian Psychological Association (CPA) and by the Canadian Counselling and Psychotherapy Association (CCPA) to offer continuing education for mental health practitioners in various individual, couple, and family psychotherapy models, addressing a wide range of topics that clinicians may encounter in their practice.

## OTHER EDUCATIONAL EXPERIENCES

### Greater Toronto Area (GTA) Resident Seminars

Approximately 5-6 times/training year, the local psychology residency programs within the GTA jointly offer half-day seminars available to all local residents to attend. The GTA seminars cover a range of professional practice topics in psychology presented by supervisors, local university faculty, College of Psychologists of Ontario staff and other experts in the field. Topics include clinical supervision, ethics and professional issues, program evaluation, diversity, licensure, and early career planning. Sessions are a mixture of didactic presentations, discussions, and informal opportunities to connect with residents at other settings.

### Barbara Wand Series of Webinars

These webinars are run by the College of Psychologists of Ontario (CPO) and occurs approximately 2 times per year. These are half-day webinars focusing on ethical issues, current professional and jurisprudence issues.

## ADMINISTRATIVE SUPPORT

PCSG has the support of a full administrative team. Clinicians have the option of scheduling ongoing appointments with clients on their own or utilize admin staff assistance for scheduling purpose. New assessment and therapy clients are scheduled by our Intake & Clinical Coordinator ([intake@oshawapsychologist.com](mailto:intake@oshawapsychologist.com)).

Members of the admin team will relay any phone or email messages to residents and will follow up with clients or others as directed. The admin team will handle billing, payment collection, and follow up on any unpaid fees. Admin staff can also assist with any photocopying, scanning, and faxing as needed.

Residents will be provided with office space that may be shared with other clinical staff on other days/times in the week. PCSG supports flexible work settings between in-person/in-office work and remote working options. However, residents are encouraged to offer as much in-person availability as possible and will be expected to work onsite for all required in-person aspects of the training program.

PCSG has a large testing library. Testing materials are stored in a dedicated assessment room and in the testing cabinets. Residents are expected to follow the policies and procedures for use and sign-out of the assessment testing materials (including testing protocols, manuals, stimulus materials and scoring software).

## APPLICATION PROCESS

If you are a clinician looking to join a dynamic team that provides professional, yet flexible supervision with an emphasis on personal-growth, accountability, and community service, send your application, CV and two reference letters to [hresources@oshawapsychologist.com](mailto:hresources@oshawapsychologist.com)

Interested clinicians can apply at any time.

Supervised practice opportunities are generally 2-3 regular days per week, and virtual/hybrid options are available for those who do not live locally. When possible, PCSG tries to accommodate special placements for clinicians with different schedules or needs.

If you are interested in applying for residency, internship, or practicum placements, please visit our website at [tinyurl.com/joinpcsg](http://tinyurl.com/joinpcsg) and download our doctoral residency or practicum brochures.

PCSG is committed to offering equal employment opportunity and encourages applications from all qualified individuals regardless of cultural or ethnic backgrounds, race, religion, gender, sexual preference, and disability. The residency program will make all efforts to ensure access to those with disabilities.

**Apply by email:**

**[hresources@oshawapsychologist.com](mailto:hresources@oshawapsychologist.com)**



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### Stacey Rafuse

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**[VISIT OUR WEBSITE: TINYURL.COM/JOINPCSG](http://tinyurl.com/joinpcsg)**